

THERAPOD[®]

User Guide

BACK SUPPORT

Therapod is available in a highback or extra highback design. Its patented design accommodates every region of your back thanks to body-specific strap adjustments. To adjust the tension for individual support, tighten or loosen by pull the straps and secure in place with the velcro.

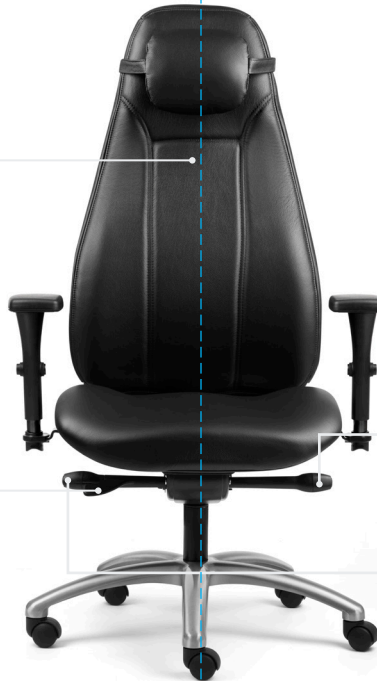


BACK HEIGHT ADJUSTMENT

To adjust back height, lean forward and grasp the sides of the outside back. To raise, slide the back up. To lower, slide it all the way to the top and then lower to desired height. Release to lock in place.

SEAT HEIGHT

For desired seat height use the lever under the right side of the seat. To raise the seat, lift the lever up while taking your weight off the chair. To lower the seat, stay seated and lift the lever. Release the lever when you reach the desired height.



BACK ANGLE ADJUSTMENT

To increase the angle of the back, lift the paddle up while putting your weight on the back of the chair. Release the paddle to lock at desired angle. To decrease the angle of the back, lift the paddle up while removing your weight from the back until you reach the desired angle. Release the paddle to lock into place.

SEAT DEPTH (OPTIONAL)

Lift up on paddle and simultaneously lift your weight from the seat while sliding the seat forward or backward. Release the paddle to lock the seat in place.

TENSION CONTROL

For tension, adjust by turning tension knob clockwise to tighten and counterclockwise to loosen.