

REQUISITE[®]

Instruction Guide

TENSION CONTROL

Leaning back in the chair, decide if the resistance on the chair is comfortable. If it is too stiff, turn the hand-wheel clockwise to increase tension and counter clockwise to reduce tension.

SEAT HEIGHT

To raise the chair, lift the lever while lifting your weight from the seat until you reach the desired height. Release the lever to lock into place. To lower the chair, lift the paddle up allowing your weight to push the seat down to the desired height. Release the paddle to lock into place.



TILT LOCK

To adjust the recline angle, lift lever to unlock it. Recline to the desired position and push down on the lever to lock in place.